

## Congratulations on the birth of your new baby!

Take some time to get to know the newest member of your family! Your baby does not know how to talk, but will find ways to communicate with you almost immediately. For adults who are used to speech, reading all of your newborn's subtle signs — from differences in his or her cry to certain body movements, can be very confusing and frustrating. However, in an extremely short time you will “understand” your new little one better than you can imagine.



During this time (and for the next 20 years), you will have more than a few moments of doubt and will receive many bits of advice from all types of people and media outlets. We look forward to helping you navigate this winding road of rearing a child. Our hope is to be your trusted medical home and help you be comfortable with your decisions based on the most up-to-date medical knowledge. As your child grows, we create an environment of safety and reliability that allows them to be comfortable coming to us to discuss their own issues and concerns. Our goal is to have happy and healthy families who have lots of fun along the way!



## Recommended Web sites

**American Academy of Pediatrics:** [www.aap.org](http://www.aap.org)  
Safety, diet and development information as well as statements about current health concerns and issues, vaccine recommendations and immunization information.

**American Academy of Pediatrics Healthy Children:** [www.HealthyChildren.org](http://www.HealthyChildren.org)  
This new Web site, backed by 60,000 AAP pediatricians, offers the most current and reliable health advice for proactive parents and caregivers.

**Centers for Disease Control and Prevention:** [www.cdc.gov](http://www.cdc.gov)  
Helpful information about infectious diseases, vaccinations and travel.

**ADHD:** [www.chadd.org](http://www.chadd.org)  
CHADD is the nation's leading organization for serving the ADHD population.

**Asthma/Allergy:** [www.aanma.org](http://www.aanma.org)  
Information-packed site for those suffering from allergies and asthma.

**Kids Health:** [www.KidsHealth.org](http://www.KidsHealth.org)  
Health information for children of all ages with separate sections for parents, kids and teens — each with age-appropriate content and tone.

**Keep Kids Healthy:** [www.Keepkidshealthy.com](http://www.Keepkidshealthy.com)  
Designed by a pediatrician and includes many useful tools such as a breast feeding center, growth charts, and asthma center as well as information about nutrition, diseases, common problems and development.

**Amazing Moms:** [www.AmazingMoms.com](http://www.AmazingMoms.com)  
Resource designed by parents for parents providing simple and practical solutions for busy families. It includes recipes, crafts, party ideas and more!

**Family Corner:** [www.FamilyCorner.com](http://www.FamilyCorner.com)  
Geared for parents and has great ideas about everything from childhood development to finances to fun family activities. It has things for you to do with your aspiring gardener, cook, scholar and artist.

**Food Allergies:** [www.FoodAllergy.org](http://www.FoodAllergy.org)  
Invaluable for those diagnosed with food allergies.

# PEDIATRIC PARTNERS, LLC

*Dedicated to Keeping Children Healthy*



9011 Chevrolet Drive  
Suites 7 & 8, lower level  
Ellicott City, MD 21042  
Phone: 410-465-4111  
Fax: 410-465-4124  
Rx and Referral line:  
410-465-4502  
[www.pediatricpartnersmd.net](http://www.pediatricpartnersmd.net)

Office Hours:  
Mon – Fri, 8:00 am – 4:30 pm  
Appointments: 9:00 am – 4:00 pm  
Saturdays: AM only  
(location varies)

Most Insurances Accepted  
Complimentary Prenatal Visits

## About Pediatric Partners

**Pediatric Partners** of Ellicott City has always been a small, friendly office for children of all ages. Since 1969, we have given personal care to all types of children — from premature infants and those with chronic illness to adolescents through college. We have maintained a cozy office that is committed to helping foster a wonderful relationship of confidence and communication with our families.



**Dr. Claudia Beck, MD**, has been a board-certified Pediatrician since 1995 and trained at the University of Maryland, Vanderbilt University and University of Louisville. She is a Fellow of the American Academy of Pediatrics and has hospital privileges at St. Agnes Hospital and Howard County Hospital. Her working relationships include the Johns Hopkins Hospital, the University of Maryland Medical Center and the Children's National Medical Center.

## All visits are extremely Important.

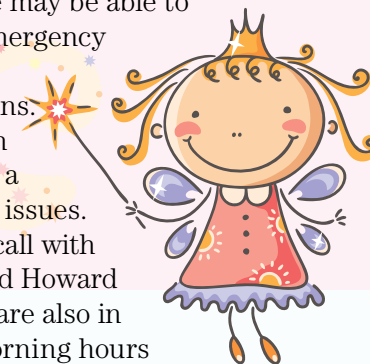
We feel very strongly that both sick visits as well as health maintenance visits with immunizations are extremely important to comprehensive medical care. Some visits require more time than others and we strive to stay on schedule to minimize the time you are in the office with a sick child. You can help us by letting the scheduler know the reason you are coming in for an appointment. Well check-ups, medication checks, consultations and chronic illness management appointments are scheduled in advance, but sick visits are done on the same day. Children tend to get acute illnesses, so same day visits are often necessary to ease their discomfort.

Sometimes a concern or question can be answered over the phone. Our office is open to receive calls beginning at 8:00 am. Questions for the doctor will be answered the same day and we will always see your child if you or the doctor thinks that is the best course of action. Prescription refills and referral requests can also be handled on the phone, as we can call or fax the pharmacy or referring doctor for your convenience.



## Emergencies can occur any time of the day or night.

Do not hesitate to call if you are worried and are considering going to the emergency department. Dr. Beck is fully trained in pediatric emergency medicine. She can help guide you to the appropriate place based on the level of care your child needs. She may be able to prevent the need for an emergency visit altogether by helping you with home interventions. A pediatrician is always on call 24 hours a day, 7 days a week for pressing medical issues. Dr. Beck shares weekend call with two other very experienced Howard County pediatricians who are also in solo practice. Saturday morning hours are available, so call at 8:30 am to schedule an appointment.



Examples of urgent calls for newborns include:

- ✿ Jaundice (yellow color) of lower legs/feet
- ✿ No wet diapers in 12 hours
- ✿ Rectal temperature of 100.5° or greater in an infant less than 2 months old
- ✿ Pale blue (not deep purple) color of mouth/tongue
- ✿ Difficulty breathing

## Well check-ups

During well check-ups many topics including immunizations are covered. Growth, verbal and motor development, socialization, behavior, nutrition, discipline and medical issues are discussed, to name just a few! Many schools, camps and sports teams require a recent physical for participation. Our suggested well check schedule is as follows:

- ✿ 1 – 4 days after baby's hospital discharge
- ✿ 2 – 4 weeks of age
- ✿ 2, 4, 6, 9, 12, 15, and 18 months of age
- ✿ Yearly starting at age 2

**Remember with our practice, help is only a phone call away — 410-465-4111!**